

# Climbing in the City

**Friday, May 1, 2009**

**2:00 - 5:00 pm**



## HERE'S WHAT TO EXPECT:

Great climbing can be found right in town, 15 minutes away from campus. Join us to head to the western side of town for the fun and friendly climbs of Whoopie Wall. Beginners are welcome.

## WHERE:

We'll meet you at the Trailhead in the Lobby of the UMD Sports and Health Center at **1:50 pm**.

## COURSE INFORMATION:

We'll park near the climbs, review belaying (safeguarding the climber with a rope) and take turns climbing and belaying for one another.

## WHAT TO WEAR:

Come dressed in warm clothing that allows freedom of movement. Be sure to have extra warm clothing layers along in case it gets windy and chilly!

## EQUIPMENT:

We provide all climbing equipment and first aid kit. Please bring a water bottle, warm jacket, snacks and a warm hat.

**COST:** \$15 UMD Students / \$45 Others  
Sign up by noon Friday, April 29



## INFO & REGISTRATION:

RSOP Day Office:

153 Sports and Health Center  
(218) 726-7128  
rsop@d.umn.edu  
www.umdrsop.org