

University of Minnesota Duluth - Recreational Sports Outdoor Program

Professional Climbing Instructors Association

Climbing Wall Instructor Certification Course



February 27 - March 1, 2009

HERE'S WHAT TO EXPECT:

The PCIA Climbing Wall Instructor Course provides instructors and potential instructors with an in-depth and standardized understanding of the skills essential to teaching climbing in an indoor setting. The course reinforces the importance of teaching technically accurate information and debunks many common climbing myths. It emphasizes the presentation of sound fundamental skills to climbing gym participants with different learning styles. The course also covers risk assessment and risk management skills and basic problem solving skills such as belay transitions and coaching.

Pre-course study and lesson preparation is required.

Additional course information is at <http://pcia.us/pro/node/64>.

Certification is valid for three years upon completion of all course requirements and may be extended by taking a re-certification course or other professional development training.

COURSE PRE-REQUISITES:

Participants should have basic knowledge of climbing equipment and skills and should have 2-3 years of climbing experience. Participants must be able to belay and to comfortably climb on top rope at the 5.8 level.

WHERE:

We'll meet you at the Trailhead in the Lobby of the UMD Sports and Health Center at **5:50 pm**.

EQUIPMENT:

Bring your own climbing harness, shoes, belay device and locking carabiner as well as extra locking carabiners, slings, prusik loops and a cordelette.

COST: \$95 UMD Students / \$120 Others
Registration deadline is Monday, February 16



INFO & REGISTRATION:

RSOP Day Office:
153 Sports and Health Center
(218) 726-7128
rsop@d.umn.edu
www.umdrsop.org