

Top Rope Anchors II

Combining Anchor Points

FRIDAY, APRIL 24, 2009
6:30 - 9:30 PM



PREREQUISITES:

Prior to this class you need to be able to place and evaluate rock gear such as stoppers and cams and know how to tie off natural protection to form individual anchor points.

HERE'S WHAT TO EXPECT:

Practice combining individual anchor points using webbing or cord to form a solid, equalized climbing anchor.

WHERE:

We'll meet at the Inland Wall by the Ice Rink.

COURSE INFORMATION:

We'll review and practice the following:

- building 2, 3, 4 & 5 point anchors
- using various anchor materials such as webbing and cord
- using a systematic approach to evaluating the systems for strength and safety
- protecting ourselves at the cliff edge while building anchors
- problem solving things that can go wrong with set ups

EQUIPMENT:

We provide climbing equipment for examples and for practice. If you have any of your own equipment such as harness, shoes or climbing protection, please bring it along to the workshop and use it for practice. It's best to practice with your own gear.

COST: \$5 UMD Students/ \$15 Others

Sign up by Noon Wednesday, April 22



INFO & REGISTRATION:

RSOP Day Office:

153 Sports and Health Center
(218) 726-7128
rsop@d.umn.edu
www.umdrsop.org

The Real Classroom is Outside...Get into It!