

Top Rope Anchors I: Placing Protection



THURSDAY, APRIL 23, 2009
6:30 - 9:30 PM

HERE'S WHAT TO EXPECT:

Learn how to place rock protection: removable metal anchors that fit in cracks in the rock. Practice your own gear placements and learn how to check them for safety.

WHERE:

We'll meet at the Trailhead in the Lobby of the Sports and Health Center, then walk as a group to the Inland Wall by the Ice Rink.

COURSE INFORMATION:

Placements we cover will include:

- stoppers
- hexes
- tri cams
- spring loaded camming devices (cams)
- tying off trees and boulders
- evaluating fixed protection (bolts and pitons)

Participants will place gear in features of our indoor climbing wall and evaluate each other's placements using a systematic approach.

EQUIPMENT:

We provide climbing equipment for examples and for practice. If you have any of your own equipment, please bring it along to the workshop and use it for practice. It's best to learn with your own gear. (Harness and shoes will not be used.)

FOLLOW UP:

The next step in the progression is learning how to combine pieces of protection to form a solid top rope anchor. Sign up for the next workshops, "Building Solid Top Rope Anchors" on Friday & Saturday, April 24 & 25.

COST:

\$5 UMD Students/ \$15 Others
Please register by Wednesday, April 22.



INFO & REGISTRATION:

RSOP Day Office:

153 Sports and Health Center
(218) 726-7128
rsop@d.umn.edu
www.umdrsop.org