

Learn to Lead Climb: Traditional Climbing

TUESDAY, MARCH 3, 2009
4:00 -6:00 PM



PREREQUISITES:

You should arrive with experience in top rope climbing and belaying. Sport lead climbing experience is helpful.

TRADITIONAL LEAD CLIMBING:

Traditional climbers place their own removable anchors and clip their rope to the anchors for protection as they climb. We'll review placing and evaluating rock protection for safety. Practice racking up your gear, mock leading in the Wall and building an anchor to bring up the second climber to your new anchor.

WHERE:

We'll meet at the Inland Climbing Wall adjacent to the Ice Rink in the Sports and Health Center.

EQUIPMENT:

You bring:

- harness, helmet, climbing shoes (if you have them)
- any climbing pro you have (stoppers, 'biners, etc.)

We provide:

- harness and helmet and shoes if you need them
- all climbing equipment, ropes, carabiners, slings, etc.

COST: \$5 UMD Students/ \$15 Others
Sign up by noon on Monday, March 2



INFO & REGISTRATION:

RSOP Day Office:

153 Sports and Health Center
(218) 726-7128
rsop@d.umn.edu
www.umdrsop.org