

University of Minnesota Duluth - Recreational Sports Outdoor Program

Climb Outside at Ely's Peak

Sunday, April 25, 2010

Noon-6:00 pm



HERE'S WHAT TO EXPECT:

Climb in a beautiful, natural setting with friendly, safety-trained instructors in a supportive environment. Ely's Peak is located 25 minutes southwest of the UMD campus.

WHERE:

We'll **meet** at the Trailhead in the lobby of the Sports and Health Center at **11:50 pm**. From UMD we'll drive together in a university vehicle to the Ely's Peak parking area.

COURSE INFORMATION:

From the parking area, we'll walk to the climbing site as a group, learn to belay (safeguard the climber with a rope) for one another. We'll take turns climbing the friendly routes of Ely's Peak and belaying for each other.

WHAT TO WEAR:

Come dressed in warm clothing that allows freedom of movement and that you don't mind getting a little dirty. Wear sturdy tennis shoes or hiking boots for our walk into the climbs. (Avoid sandals, flip-flops or clogs.) Be sure to have extra warm clothing layers along since weather in Duluth can become very wet and chilly!

EQUIPMENT:

We provide all climbing equipment and first aid kit. Please bring the following items in a small day pack that you can carry with you to the climbing area:

- ___ filled water bottle and snacks
- ___ rain jacket and pants
- ___ warm jacket and hat
- ___ sun glasses, sunscreen



INFO & REGISTRATION:

RSOP Day Office:

153 Sports and Health Center
(218) 726-7128
rsop@d.umn.edu
www.umdrsop.org

Note: if the weather looks bad for climbing, please meet at the arranged time regardless, and we'll make an alternate plan then.

COST: \$15 UMD Students / \$45 Others
Sign up by April 23.