

University of Minnesota Duluth - Recreational Sports Outdoor Program

Multi-Pitch Climbing Skill Clinic

MONDAY, MARCH 8, 2010

6:30 - 9:30 PM



HERE'S WHAT TO EXPECT:

Practice techniques for building anchors at the top of outdoor climbs, bringing up a second climber and making transitions at the belay ledge.

WHERE:

We'll meet in the Inland Wall near the Ice Rink

COURSE INFORMATION:

Skill practice includes:

- ___ equipment: ropes, carabiners, cams, stoppers, etc.
- ___ evaluating pro quality and safety
- ___ arriving at the top anchors and clipping in
- ___ rigging anchors to belay
- ___ rigging anchors continue
- ___ setting yourself up to rappel

EQUIPMENT:

We provide climbing equipment for examples and for practice. If you have any of your own equipment, please bring it along to the workshop and use it for practice. It's best to learn with your own gear.

COST:

\$5 UMD Students/ \$15 Others
Please register by March 5



INFO & REGISTRATION:

RSOP Day Office:

153 Sports and Health Center
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