

University of Minnesota Duluth - Recreational Sports Outdoor Program

# Professional Climbing Instructors Association PCIA Climbing Wall Instructor Certification Course

**Friday - Sunday**

**February 26 - 28, 2010**



## HERE'S WHAT TO EXPECT:

The PCIA Climbing Wall Instructor Course provides instructors and potential instructors with an in-depth and standardized understanding of the skills essential to teaching climbing in an indoor setting. The course reinforces the importance of teaching technically accurate information and debunks many common climbing myths. It emphasizes the presentation of sound fundamental skills to climbing gym participants with different learning styles. The course also covers risk assessment and risk management skills and basic problem solving skills such as belay transitions and coaching.

Pre-course study and lesson preparation is required.

Additional course information is at <http://pcia.us/pro/node/64>.

Certification is valid for three years upon completion of all course requirements and may be extended by taking a re-certification course or other professional development training.

## COURSE PRE-REQUISITES:

Participants should have 2-3 years of climbing experience and be able to belay comfortably top rope at the 5.8 level.

## WHERE:

We'll meet you at the Trailhead in the Lobby of the UMD Sports and Health Center at **5:50 pm**.

## SCHEDULE:

Friday evening	6:00 – 10:00 pm
Saturday	8:00 am – 6:00 pm
Sunday	8:00 am – 5:00 pm

## EQUIPMENT:

Bring your own climbing harness, shoes, belay device and locking carabiner as well as extra locking carabiners, slings, prusik loops and a cordelette.

**COST:** \$115 UMD Students / \$195 Others  
Registration deadline is Friday, February 19



## INFO & REGISTRATION:

RSOP Day Office:

153 Sports and Health Center  
(218) 726-7128  
rsop@d.umn.edu  
www.umdrsop.org