

HOURS ARE SUBJECT TO CHANGE.

For most current facility schedule, visit www.umdrsop.org.
THIS SCHEDULE DOES NOT APPLY DURING SPRING BREAK

Main Office (153 SpHC)

Monday - Thursday	8:00am- 7:00pm
Friday	8:00am - 4:00pm

Rental Center (154 SpHC)

Monday	9:00am- 6:00pm
Tuesday-Friday	11:00am- 6:00pm
Saturday	9am-Noon, Jan 23-March 6

Intramural Equipment Center Beginning February 2

Monday - Thursday	4:00pm - 11:45pm
Sunday	3:00pm - 8:45pm

Auxiliary Gym (SpHC 150A)

Monday, Wednesday, Friday	11:00am - 1:00pm
Saturday	9:15am - 5:45pm
Sunday	12:15pm - 8:45pm

Romano Gym (SpHC 150)

Monday - Thursday	6:00pm - 9:45pm*
Friday	6:00pm - 8:45pm
Saturday	9:15am - 5:45pm
Sunday	12:15pm- 8:45pm

*Beginning February 2, Intramurals will take place at this time

Recreational Gym (155 SpHC)

Monday - Thursday	6:30am - 9:45pm **
Friday	6:30am - 8:45pm
Saturday	9:00am - 5:45pm
Sunday	12:00pm - 8:45pm

Jogging/Walking Track (SpHC 195)

Monday - Thursday	6:30am- 9:45pm **
Friday	6:30am- 8:45pm
Saturday	9:00am- 5:45pm
Sunday	12:00pm- 8:45pm

** Open until 11:30 beginning February 2

Indoor Climbing Walls

North Shore Wall (Fitness Center)	
Monday - Thursday	4:00pm - 8:00pm
Friday & Saturday	3:00pm - 5:45pm
Inland Wall (Ice Rink)	
Monday - Thursday (on demand)	4:00pm - 8:00pm
Tuesday (North Shore Climbers)	6:00pm - 9:00pm
Fitness Bouldering	
Monday-Thursday	6:30am - 4:00pm
Friday	6:30 am - 3:00pm
Saturday	10:00am - 3:00pm
Sunday	Noon - 8:30pm

Pool Closed March 11-23

Pool: Lap Swim

Mon, Wed, Fri	5:30-6:30am, 8-9am, 11am-1:30pm
Tuesday/Thursday	6-8am, 11am-1:30pm
Saturday/Sunday	Noon-1:30pm

Pool: Lap/Open Swim

Wednesday-Friday	2:30-4:30pm
Saturday/Sunday	1:30pm - 3:00pm

Fitness Center-Lower Level-Free Weights/Selectorized (SpHC 92)

Monday - Thursday	6:30am - 9:45pm*
Friday	6:30am - 7:00pm*
Saturday	9:00am - 5:00pm
Sunday	Noon - 8:00pm

*The lower level weight room will be closed due to classes on Tuesdays and Thursdays from 11:00am - Noon. The cardio level and core training room will remain open.

Fitness Center-Upper Level-Cardio (SpHC 157)

Monday - Thursday	6:30am - 9:45pm
Friday	6:30am - 7:00pm
Saturday	9:00am - 5:00pm
Sunday	Noon - 8:00pm

Due to renovation and repairs, the ice rink will not be available during spring semester of 2010.

Facility users must carry the appropriate pass at all times
Hours are subject to change.

ALL FACILITIES WILL BE CLOSED at 4pm on March 13 with regular hours resuming March 23. Some facilities will be open on a limited basis during Spring Break. Watch for posted Spring Break hours.