

# 14th Annual St. Louis River Whitewater Rendezvous

**July 23-25, 2010**

**Whitewater kayak & canoe slalom racing, sprint racing, stand-up paddle boarding, movies & FUN for all.**

- July 23** Noon-8pm Open practice on the slalom race course  
3-7pm Paddler registration open at the Outpost
- July 24** 9am-Noon Paddler registration at the Outpost  
Noon-2pm Slalom Race Clinic (free for registered racers)  
9am-4pm Open practice on the slalom course  
6-8pm Grill your own dinner and movies at the Outpost
- July 25** 9am-11am Slalom race runs  
11am-noon Lunch  
Noon-2pm Slalom race runs  
2-3pm Whitewater sprint or SUP slalom race runs  
4pm Slalom awards and prize drawings at the Outpost.

Pre-register for slalom racing by visiting [www.umdropsop.org](http://www.umdropsop.org) to download an entry form and then mail it to Randy Carlson at UMD-RSOP. Full weekend entry is \$35 and includes T-shirt.

**One mile east of Carlton, MN on HWY 210. Free for Spectators.**

