

University of Minnesota Duluth - Recreational Sports Outdoor Program

Bike Maintenance Clinic

Thursday April 15, 2010 6-8pm

Make sure your bike is running in tip-top shape to avoid any breakdowns and improve your efficiency at biking during the coming season.

HERE'S WHAT TO EXPECT:

Springtime! Sweet, warm weather, and biking! Come get some tips and hands-on training on how to whip your bike back into shape. We will learn some basic maintenance such as adjusting brakes and derailleurs as well as a few other things that make your bike tick.

WHERE:

At the Trailhead in the Sports and Health Center lobby

WHAT TO BRING:

- Your bike
- Personal Tools
- Questions

WHAT THE OUTDOOR PROGRAM PROVIDES:

- Instruction
- Maintenance Tools

COST:

\$4 UMD Students/ \$8 Others

Register By:

Noon, April 14



GOALS:

- Develop skills for maintaining a bicycle.
- Have fun
- Learn something new

EXPLORE MORE WITH THE OUTDOOR PROGRAM:

- Basic Auto Mechanics, April 27, 4-6pm
- Camp Baking, May 4 from 4-6pm

GENERAL INFO:

Phone: (218)726-7128

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www.umdrsop.org

The Real Classroom is Outside...Get Into It!