

University of Minnesota Duluth - Outdoor Program

International Foods for the Trail

Wednesday April 21, 2010 7-9pm

If you are tired of cooking the same meals over and over again, and you want to spice them up, this is the class for you!

HERE'S WHAT TO EXPECT:

Why do we so often settle for bland, starchy meals in the woods? Indian, Mexican, and Thai foods all taste great in restaurants, so why not give them a try over the camp stove? Come explore the possibilities of cooking ethnic foods in camp with this hands-on workshop

MEET:

Sports and Health Center Room 9

WHAT TO BRING:

- Empty Stomach
- Plate
- Cup
- Utensils

THE OUTDOOR PROGRAM PROVIDES:


- Equipment
- Food
- Instruction

COST:

\$5 UMD Students/\$7 Others

REGISTER BY:

Noon, April 20



GOALS:

- Learn about international foods that are easy to cook while camping
- Eat tasty food!
- Have Fun

EXPLORE MORE WITH THE UMD OUTDOOR PROGRAM:

- Backpack the Superior Hiking Trail, April 30- May 1
- Camp Baking, May 4 from 4-6pm
- Check out our website for upcoming programs!
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GENERAL INFO:

Phone: (218)726-7128
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The Real Classroom is Outside...Get Into It!