

**University of Minnesota Duluth - Recreation Sports Outdoor Program**

# **Telemark Skiing**

**Friday February, 12 4:45-9pm**

**Friday February, 26 4:45-9pm**

Discover the fun and excitement of telemark skiing. This challenging sport has been around a long time, but is finding a resurgence of interest. We will be skiing down hill at Mont du Lac ski area, using equipment that resembles backcountry skis.

**HERE'S WHAT TO EXPECT:**

Take your alpine skiing to a new level with telemark skiing – sort of a blend of nordic and alpine skiing equipment and skills. This is a fun outing with some basic instruction and a lot of opportunity to spend time on the hill with people that like to telemark.

**WHERE:**

Meet at the RSOP Rental Center

**WHAT TO BRING:**

Warm Clothing  
Lift Pass Fee (\$15)

**WHAT THE OUTDOOR PROGRAM PROVIDES:**

Ski equipment, Instruction, Transportation

**COST:**

\$13 for UMD Students/\$16 Others

**REGISTER BY:**

2pm The Day Of The Outing (first come, first served on equipment sizes)



**GOALS:**

- Develop basic skills of telemark skiing
- Have Fun
- Meet new people
- Build advanced skills

**EXPLORE MORE WITH THE UMD OUTDOOR PROGRAM:**

- Snowshoeing Jay Cook, Feb. 10 from 4-8pm
- Stream Skiing, Feb. 28 from 12-5pm
- Writers Workshop, March 7 from 1-5pm

**GENERAL INFO:**

Phone: (218) 726-7128

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[www.umdrsop.org](http://www.umdrsop.org)

**The Real Classroom is Outside...Get Into It!**