

University of Minnesota Duluth - Recreational Sports Outdoor Program

Red River Road Trip Spring Break - March 15-23, 2007

Try something new this spring break from world class climbing, hiking to caving in the world's longest cave all in Bluegrass Country.

HERE'S WHAT TO EXPECT:

Take a trip to the world-famous Red River Gorge this Spring Break. The group will drive from Duluth to the beautiful Daniel Boone State Forest in Kentucky. We'll spend the first day exploring the depths of Mammoth Cave, the longest cave in the world. Next, try your hand at climbing the sandstone climbs of the "Red". Difficulty ranges from friendly, beginner climbs to arm-pumping overhangs that will challenge the most seasoned climbers. We'll set up climbs to match every skill level. Our schedule leaves room for a rest day or two hiking through amazing scenery with stone arches, waterfalls, caves and miles of cliff lines found in this Southern landscape. This trip is perfect for beginner and experienced climbers alike. Unlock the mysteries of this well-kept secret area within the beautiful state of Kentucky.

WHEN:

Depart: 5 am, Saturday, March 15, 2007
Return: 9 pm Sunday, March 23, 2007

PREPARATION:

- *Equipment* – attached is an equipment list that includes what we provide and what you need to obtain. **Follow this closely**, it is based upon extensive experience. Plan on weather that could range from the upper 80's to the 30's along with possible windy and rainy conditions.
- *Fitness & skills* – you don't need to be an experienced hiker or climber to go on this trip, but you should have a base level of fitness that will allow you to spend most of each day hiking or climbing.
- *Health & Liability Form* – complete these forms and return them no later than the scheduled pre-trip meeting.

THE OUTDOOR PROGRAM PROVIDES:

All group gear, climbing equipment, food while on the trail, transportation, and skill instruction.

YOU PROVIDE:

Your own clothing and personal camping gear.

TRANSPORTATION:

We will be travelling the in a university van.

COST:

UMD Students: \$410 Others: \$595

Registration Deadline: Noon on Wednesday, February 27

Sign up early to ensure you get a spot on the trip!



GOALS:

- Have fun with other people who like the outdoors
- Enjoy Caving, Hiking and climbing
- Explore a beautiful and rich environment
- Learn something new.
- Be safe!
- Pitch in as a group to help with camping chores and successful group trail days.

MEALS

Meals during the van ride to Kentucky are not included. Bring cash or pack along some food for the drive.

On the trail, group meals will be served picnic-style and cooking will be done in camp over a camp stove.

GENERAL INFO:

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